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#### Description

#### Food for special medical purposes

Pro-Cal shot is a low volume, energy dense liquid supplement, available in neutral, strawberry and banana flavours, providing milk protein, fat and carbohydrate.

#### Indications

Pro-Cal shot is for the dietary management of disease related malnutrition, malabsorption states and other conditions requiring fortification with a fat/carbohydrate supplement (with protein).

### **Dosage and Administration**

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

30ml of Pro-Cal shot = 100kcal and 2g protein 60ml of Pro-Cal shot = 200kcal and 4g protein

Typical single dose

Typical daily dose



30ml = 100kcal & 2g protein



4 x 30ml = 400kcal & 8g protein



60ml = 200kcal & 4g protein



4 x 60ml = 800kcal & 16a protein

## **Preparation Guidelines**

Shake well before use

Pro-Cal shot can be taken in 30ml or 60ml doses or combined with food or drink. Serving suggestions are available online or on request.

#### **IMPORTANT NOTICE**

 $\label{prop:must} \mbox{Must only be used under strict medical supervision.}$ 

Not for use as a sole source of nutrition.

Suitable from 3 years of age.

For enteral use only.

# **Nutritional Information**

	Neutral Per Per 100ml 30ml		Strawberry Per Per 100ml 30ml		Banana Per Per 100ml 30ml	
Energy kJ	1385	416	1385	416	1385	416
kcal	334	100	334	100	334	100
Fat g	28.2	8.5	28.2	8.5	28.2	8.5
of which saturates g	2.2	0.66	2.2	0.66	2.2	0.66
of which monounsaturates g	16	4.8	16	4.8	16	4.8
of which polyunsaturates g	9.5	2.9	9.5	2.9	9.5	2.9
Carbohydrate g	13.4	4.0	13.4	4.0	13.4	4.0
of which sugars g	13.3	4.0	13.3	4.0	13.3	4.0
Lactose g	13.3	4.0	12.3	3.7	12.3	3.7
Protein g	6.7	2.0	6.7	2.0	6.7	2.0
Salt g	0.27	0.08	0.27	0.08	0.27	0.08
Minerals						
Sodium mg	109	32.7	109	32.7	109	32.7
mmol	4.7	1.4	4.7	1.4	4.7	1.4
Chloride mg	125	37.5	125	37.5	125	37.5
mmol	3.5	1.1	3.5	1.1	3.5	1.1
Potassium mg	210	63	217	65.1	210	63
mmol	5.3	1.6	5.4	1.6	5.3	1.6
Calcium mg	127	38.1	127	38.1	127	38.1
mmol	3.2	1.0	3.2	1.0	3.2	1.0
Phosphorus mg	182	54.6	182	54.6	182	54.6
mmol	5.8	1.7	5.8	1.7	5.8	1.7
Magnesium mg	16	4.8	16	4.8	16	4.8
mmol	0.7	0.2	0.7	0.2	0.7	0.2
Water content ml	52	16	52	16	52	16
Osmolality mOsm/kg	1900		1900		1900	

## **Allergen Declaration**

Contains **Milk** (**Milk** Protein, Lactose). Contains **Soya** (**Soya** Lecithin). Gluten free.

# Storage

Unopened bottles should be stored in a cool, dry place.
Once opened keep refrigerated for up to 24 hours.

Always replace the lid after use. Packaged in a protective atmosphere.



Pack Sizes / Volume

6 x 120ml e - 720ml

## Starter Pack

3 x 120ml ← - 360ml (1 x 120ml of each flavour).

