

A unique oral nutritional supplement specifically designed for older adults to help them regain strength and remain independent.


Product Benefits

Resource® SeniorActiv contains nutrients commonly deficient in the diet of older adults and helps to:

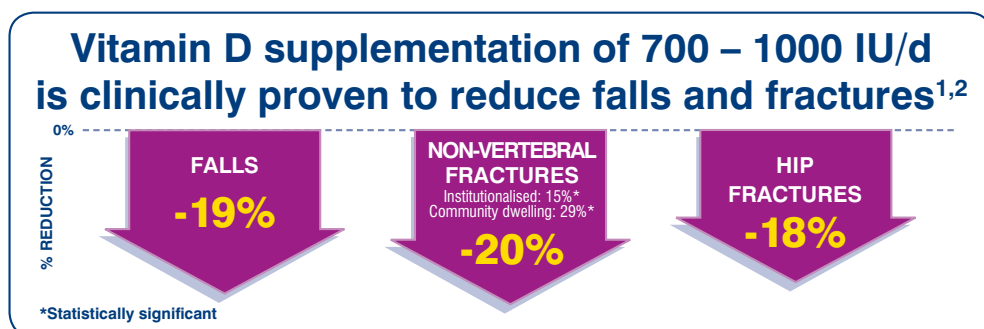
- Improve nutritional status
- Regain strength and energy after an illness or surgery
- Maintain functional abilities, by supporting physical strength and cognitive health

Product Composition

Resource® SeniorActiv contains Acti-3, a combination of 3 key ingredients to support strength:

<ul style="list-style-type: none"> • Protein - 40g in 2 servings 	→ To help minimise muscle breakdown and support muscle synthesis	
<ul style="list-style-type: none"> • Vitamin D – 1000 IU in 2 servings 	→ To support muscle strength and optimise bone health	
<ul style="list-style-type: none"> • Calcium – 960 mg in 2 servings 		

Vitamin D and calcium are provided in doses clinically proven to reduce the risk of falls and fractures, which are a leading cause of hospitalisation in older adults.



Resource® SeniorActiv also contains:

- **Prebio¹** a proprietary prebiotic fibre blend of FOS* and inulin to support regularity and the immune system
- **EPA*/DHA*³** (omega-3 fatty acids) and high levels of **Vitamin B₁₂** and **Folate** to support cognitive health
- High levels of antioxidants **Zinc** and **Selenium** to address the oxidative stress and chronic inflammation of ageing

Resource® SeniorActiv is nutritionally complete and high in calories (1.5 kcal/ml).



*FOS = Fructooligosaccharides *EPA = Eicosapentaenoic Acid *DHA = Docosahexaenoic Acid

Packaging Format

- 200ml bottle
- 4-bottle pack

Recommended Dosage

- 2 servings (2 x 200ml bottle) per day

Flavours

3 great tasting flavours:

- Caramel-Toffee
- Creamy Vanilla
- Strawberry-Biscuit

Availability

Available in the following European countries in 2010:

- Austria
- Belgium
- Finland
- Italy
- Netherlands
- Sweden
- Switzerland

Other countries to follow

Regulatory Status

- Food for Special Medical Purposes (FSMP)



References:

1. Bischoff-Ferrari HA *et al.* (2009) Fall prevention with supplemental and active forms of vitamin D: a meta-analysis of randomised controlled trials. *BMJ*;333:843-846.
2. Bischoff-Ferrari HA *et al.* (2009) Prevention of Nonvertebral Fractures with Oral Vitamin D and Dose Dependency. *Arch Intern Med*;169:551-561.
3. Gillette-Guyonnet S *et al.* (2007) IANA Task Force on Nutrition and Cognitive Decline with Aging. *J Nutr Health Aging*;11:132-152.